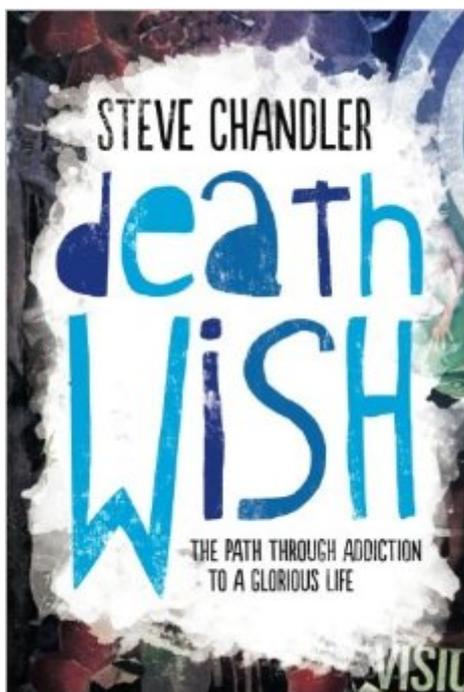


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# Death Wish: The Path Through Addiction To A Glorious Life



## Synopsis

It felt hopeless to me. But it turned out there was freedom available to me that I never knew about. And I never would have believed it unless it had come from someone who had been there.

Someone willing to share the dark side with me. I'm not proud of any of this. This is not a tribute to me. It's an attempt to reach someone who is still suffering like I was. Someone who is also not proud right now. "Steve Chandler's brilliant book accurately describes the process of liberation from the only addiction that truly exists, the addiction to the mis-belief that we are all anything less than inherently loving beings regardless of what we say, think, or do." ~ Dr. H.

Ronald Hulnick President, University of Santa Monica and co-author with Dr. Mary R. Hulnick, of *Loyalty To Your Soul: The Heart of Spiritual Psychology* "Human, funny, encouraging, and incredibly life-affirming, *Death Wish* is the best book about the path through addiction to a life worth living I have ever read." ~ Michael Neill Bestselling author of *The Inside-Out Revolution* and *The Space Within* "Steve Chandler's book *Death Wish* is wonderful; a dose of down-to-earth, no-holds barred spirituality, chock full of wisdom, humour and irreverence, done in the way only Steve can do it. If you've ever struggled with addiction, know someone who does, or work with people who do, you're in for a treat." ~ Jamie Smart Author of *The Little Book of Clarity*

## Book Information

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## Customer Reviews

Joseph Campbell -- who knows from heroes -- said, "A hero ventures forth from the world of common day into a region of supernatural wonder: fabulous forces are there encountered and a

decisive victory is won: the hero comes back from this mysterious adventure with the power to bestow boons on his fellow man." Steve Chandler has a boon (gift) for all of us. "Death Wish" is heartfelt, hard-won testimony of his own hero's journey. The worst place to be in this life is where he was: defeated, despairing, bewildered, addicted and hopeless. And from that dark place he found his redemption and his purpose. The purpose of his suffering was to write this great, honest book: irrefutable testimony that all this suffering can be a prelude to a joyous life of sobriety, generosity, and integrity. Steve's secret is hiding in plain sight, expressed perfectly in the "prayer of St. Francis": "O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved, as to love. For it is in giving that we receive. It is in pardoning that we are pardoned. It is in dying that we are born into eternal life." It's about giving, not trying to get. And finally, to pick up a theme from Steve, "It is in subtracting toxins that we add life." This book costs less than an order of crabcakes at the Cheesecake Factory. What's it worth to get your life back? Steve is here to show you the way -- not as some lofty 'expert,' but as a fellow pilgrim. What a gift!

If you or anyone you know of has been challenged with addiction, the thought of suicide, or the fear of death, then Death Wish is a must read for you and for them. Steve has traveled these paths and beautifully shares his insights and wisdom on how to deal with them. I trust that you will benefit from reading Death Wish and for sharing it with those in your world that you wish to bless. SFH

Steve Chandler has been a mentor and coach to a number of terrific and very successful people that I know. When one of them gave me two of his books, "Fearless", then "Reinventing Yourself", I smiled, then put them on my shelf...for months. One day, bored with my other reading, I took them off, flipped through and was immediately caught. They were deceptively simple, an easy read. And yet, they were profound. I read more of his books. I became a fan. But I was waiting for this one. Why? I knew he would have a fabulous take on a subject that deeply afflicted my family...addiction. I took my father to rehab when I was 19. That was 44 years ago, and he is still wonderfully sober, via AA. The story Steve brilliantly tells is the one I watched as my father stepped from near death to a joyful, purposeful life. Unfortunately, I couldn't save my ex-husband from his own serious addiction, nor my brother, who committed suicide. Thus, I needed Al-Anon and I had amazing 12 step friends who led me through that to my own amazing life. I read this book in less than 24 hours, I suspect I will read it again, because like all his books, he tells it plain and simple, with such dry humor that I sometimes burst out laughing. Then other times I am at awe with his wisdom, and occasionally moved to tears. The man is filled with such joy and hope and it is the

muse for all his writing. As a member of the Advisory Board of the Caron Foundation (major alcohol and drug treatment center), I am thrilled he wrote this one, and not a moment too soon. While this country is drowning in an epidemic of addiction, Steve is throwing a life preserver. Grab it.

I LOVE this book! I just finished "Death Wish" and am reading it again " this time to underline its many sparks of wisdom. Thanks to Steve, I look at addiction through a new lens. I have many addicts in my family. I've always wanted them to be different, to "straighten up." Now I better understand and honor their limitations and journeys. I see why it's difficult to regain balance and "normalcy." This book is for everybody who is addicted, has an addict in the family or isn't quite sure. I encourage you to gift it to as many people as you can " and talk to them about it. Thank you, Steve, for writing such a profound book and for the re-write of the Serenity Prayer. It's priceless.

Death Wish is a wonderful book. It's full of down-to-earth, no-holds barred spirituality, delivered in a way that's funny, practical and profound. Steve Chandler brings all his wisdom, humour and irreverence to bear as he uses his own journey from hell, to hope, to healing as an object lesson in recovery. Whether you've struggled with addiction, know someone who does, work with people who do, or just want a good laugh and some big insights, you're in for a treat.

Steve Chandler has written several books on self-help. I know, because I've read them all. This one is the deepest and most delightful yet. How can a book about suicide, addiction and the struggle to recover be delightful? That's the magic. Chandler writes in short chapters that include dead-on (pun intended) quotes and lessons about life; chapters that bring you down or pull you up...or just make you think. The author's stated goal is to help people who are suffering the slow death of addiction to drugs and alcohol, but his message works for those of us who experience any addiction--food, sex, gambling, credit--whatever holds you back from a glorious life. Chandler is always open in his writing about his challenges and struggles, but this book is deeply personal. It's his story, and he shares everything--his struggle with giving himself over to a "higher power" when he doesn't believe there is one and with the rituals of the 12-step program; his refusal to recognize his addiction; his need to medicate in order to face the world; and the importance of his sponsor and the people in his life who pulled him out of his death spiral. Read this book...and then give a copy to everyone you believe it might help.

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